

*Nourishing* every day.



## Quick Links

Resources on tube feeding, caregiving and more.

For more information on GI disorders, visit:

[CrohnsandColitis.com](https://www.crohnsandcolitis.com)

**Crohn's & Colitis**

Includes facts and education on Crohn's disease and ulcerative colitis.

[iffgd.org](https://www.iffgd.org)

**International Foundation for Functional Gastrointestinal Disorders**

A resource for digestive health knowledge.

[niddk.nih.gov](https://www.niddk.nih.gov)

**National Institute of Diabetes and Digestive and Kidney Diseases**

Health information to help you understand diseases and conditions, diet and nutrition, and more.

For more information on tube feeding, visit:

[myTubefeeding.com](https://www.myTubefeeding.com)

Information and resources for your tube-feeding journey.

[Oley.org](https://www.oley.org)

**The Oley Foundation**

Education, advocacy and networking for those living with home intravenous nutrition.

[NutritionCare.org](https://www.nutritioncare.org)

**A.S.P.E.N. (American Society for Parenteral and Enteral Nutrition)**

Dedicated to improving patient care by advancing the science and practice of nutrition support therapy.

For helpful resources for caregivers, visit:

[caregiver.org](https://www.caregiver.org)

**Family Caregiver Alliance® National Center on Caregiving**

Information, services and advocacy to help the quality of life for caregivers and those they care for.

[aarp.com](https://www.aarp.com)

**AARP** Resources, solutions and guides for caregivers.

[cancer.gov](https://www.cancer.gov)

**National Cancer Institute**

Support for caregivers of cancer patients.



[My.Peptamen.com](https://www.MyPeptamen.com)

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